

These rules are for recreational play only and do not apply for tournaments.

LAW (I) THE FIELD

LAW (II) THE BALL

- A. U-6 #3
- B. U-8 #3
- C. U-10 #4
- D. U-12 #4
- E. U-13/16 #5

If divisions are combined the lower amount of time and smaller size of the ball will be implemented.

LAW (III) NUMBERS OF PLAYERS ON THE FIELD

- A. U-6 3v3
- B. U-8 5v5
- C. U-10 Boys and Girls 7v7 (6 + Goalie)
- D. U-12 Boys and Girls 9v9 (8 + Goalie)
- E. U13/16 Varies on season and number of players in division. Will start 9v9 and move up to 11v11 as more players join.

LAW (IV) PLAYERS' EQUIPMENT

- A. Shoes
 - a. Tennis Shoes or soft cleats
 - c. NO Toe Cleats
- B. Shin Guards (Mandatory for all practice and games, including little strikers.)
- C. Soccer socks OVER shin guards
- D. Uniform (2 jerseys, matching socks, home/away, solid black shorts with no pockets)
 - a. All clothing items must be tucked in (including hoods). The jersey must be the outermost garment.
- E. ALL jewelry must be removed before playing
 - a. ONLY exceptions: new pierced ears. Bandages must be applied, covering earrings completely. Medical bracelets must be taped down.

LAW (V) REFEREE



- A. Referees are used for all games.
- B. Assistant Referees (linesman) will be used when available on U-10 and up.
- C. Referees' decision on points of fact connected with the game shall be final.
- D. No jewelry, cellphones, vaping, or use of any tobacco product while on the fields. E. Jersey must be the outermost garment and hoods must be tucked in.
- F. Referees must be on the field 10 minutes prior to the game.

LAW (VI) LINESPERSON

- A. U-6 and U-8 will have center official only
- B. U-10 will have a linesperson if available
- C. U-12 and up can use dual referees if no linesperson is available

LAW (VII) DURATION OF THE GAME

- A. U-6
- a. 20-minute halves
- b. 5-minute half time
- B. U-8
- a. 20-minute halves
- b. 5-minute half time
- C. U-10
- a. 25-minute halves
- b. 5-minute half time
- D. U-12
 - a. 30-minute halves
 - b. 5-minute half time
- E. U13/16
 - a. 35-minute halves
 - b. 5-minute half time

If divisions are combined the lower amount of time and smaller size of ball will be implemented.



LAW (VIII) START OF PLAY

- A. Opponents must be outside the circle while kick-off is in progress.
- B. The initial kicker may not kick the ball a second time until it has been touched by a second player.
- C. U-6 and U-8 EVERYTHING is indirect, therefore a player can't score on a kick-off, kick-in, throw in, penalty kick etc., unless the ball touches another player.

LAW (IX) BALL IN AND OUT OF PLAY

A. Ball is in play until it entirely crosses the touch line or goal line or until the referee stops play by blowing a whistle.

LAW (X) METHOD OF SCORING

- A. Ball must cross goal line ENTIRELY between goal posts and under cross bar
- B. U-8 **ALL** players on the scoring team must be at mid-field to score.

LAW (XI) OFF-SIDE

- A. U-6 None
- B. U-8 Obvious Off-Side Only
- C. U-10 and up Conform to FIFA

LAW (XII) FOULS AND MISCONDUCT

- A. Penalty Fouls a direct free kick is awarded
 - a. Kicking or trying to kick an opponent
 - b. Tripping (whether or not he/she falls down)
 - c. Jumping at an opponent
 - d. Charging from behind
 - e. Charging violently or dangerously
 - f. Hitting or trying to hit
 - g. Holding and pushing
 - h. Handling the ball deliberately, (consists of shoulder to fingertip)
- B. Non-Penalty Fouls an indirect free kick is awarded
 - a. Dangerous play (headers, high kicks, trying to play the ball in goalkeeper's hands) b. Fair charging shoulder to shoulder



- c. Charging the goalkeeper
- d. Illegal obstruction
- e. Goalkeeper takes more than 6 seconds while controlling the ball with hands. The 6 seconds starts once everyone is behind the build up line.
- C. A referee should not stop play to punish a foul if in HIS/HER opinion the fouled team is better off if play continues. This is called "ADVANTAGE."
- D. U-10 changes Conform to FIFA Laws of the Game with the exception that an indirect free kick is awarded to the opposing team at the spot of the offense if a goalkeeper punts or drop-kicks the ball. If the punt occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred. When a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense, If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.

LAW (XIII) COACHING

- A. Coaches must coach the players in a positive way only.
- B. Each player must play 25% of the game.

LAW (XIV) PENALTY KICK

- A. U-6 & U-8 this is not used
- B. U-10 and up: If a player commits a penalty foul in his/her own penalty area, the fouled team is given a penalty kick from the penalty mark.

LAW (XV) THROW IN

- A. U-6 Players may kick in only; kick in requirements after the ball is kicked in, the kicker may not touch the ball again until touched by another player.
- B. U-8 second chance throw in.
- C. U-10 and up: one throw in; throw in requirements both feet must be on the ground.

 Ball and hands must come all the way over the head.

LAW (XVI) GOAL KICK

- A. Goal kick restarts the game after the ball entirely crosses the goal line and is last touched by an opponent.
- B. Goal kick may be taken from any point inside the goal area
 - a. U-6 & U-8 Goal kicks are taken from the middle of the goal line on the side



that the ball went out on. Opponents must be 4 feet back. Any part of the goal box.

- C. Opponents must be outside the penalty area.
- D. U-10 will have a BUILD OUT LINE. Build out lines will be marked 14 yards from each goal line. When a goalkeeper has the ball, either during play or from a goal kick, the opposing team will move behind the build out line. Once the opposing team is behind the build out line, the goalkeeper can pass or throw/roll the ball to a teammate (no punting or drop kicking). After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal. The goalkeeper has the option, and it is up to their discretion and risk to roll the ball out before the opposing team is behind the build out line.

LAW (XVII) CORNER KICK

- A. Corner kick restarts the game after the ball entirely crosses the goal line and is last touched by a defender.
- B. The ball must be placed inside the corner area.
- C. Kick is taken by the opponent.

LAW (XVIII) PLAYER SUBSTITUTION (Referee Permission!!!!!!)

<u>U-6</u>

A. Anytime game stops

<u>U-10 & Up</u>

- A. On any goal kick
- B. Half time
- C. Your throw in
- D. When time has been called for an injured player that player must be replaced. E. After a goal has been scored
- F. Players must be at midfield line and the referee must allow substitutions.

LAW (XIX) HEADERS

A. Headers will not be allowed in Divisions U10 and under. In game play, **deliberately** heading the ball is considered dangerous play. The re-start for dangerous play is an indirect free kick, to the opposing team at the place where the foul occurred.



LAW (XX) DEAD ZONE - U6 & U8 - This zone looks like a goal box and is located in front of the goal. This zone is placed there for the players' safety. We don't want players running into the goal posts.

- A. Players CANNOT kick the ball once it has gone into the box.
 - a. Offensive player kicks the ball while in the box
 - i. Referee awards a goal kick
 - b. Defensive player kicks the ball while in the box
 - i. If it was a scoring shot, referee awards a goal
 - ii. If the ball didn't look like it would have gone in, the referee awards a corner kick c. Ball stops in the box. It is considered out. Award kick accordingly.
 - i. Defender kicked it last- corner kick
 - ii. Offender kicked it last goal kick

These calls are the referee's decision and are final!

If a coach or parent persistently argues with the official, a card may be given to the coach.